

21 March 2018

**Social, Emotional and Mental Health priority**

**1 Purpose of report**

- 1.1 The report sets out the proposed approach to undertaking the review of the Social, Emotional and Mental Health (SEMH) priority.

**2 Background**

- 2.1 At the meeting on the 6<sup>th</sup> December 2017 the Board agreed that one of the priority areas for 2018 should be SEMH. The Board nominated Nick Frost and Janet Probert to sponsor the priority and work alongside the Council's Strategy and Performance Team.

**3 Proposed approach**

- 3.1 It is proposed that the initial review has two strands:
- Understanding the baseline
  - Understanding the impact of interventions

Understanding the baseline

- 3.2 Evidence around need does exist in a variety of sources, including at a CCG level within the Local Transformation Plans and quarterly returns to NHS England, and through the Public Health England national data set. However, there is felt to be value in bringing all available information together to provide an up to date picture across North Yorkshire and benchmark this where possible. A short and focussed needs assessment will therefore be undertaken at a North Yorkshire level.

Understanding impact of interventions

- 3.3 The SEMH Steering Group has recently developed a cross-service implementation plan to represent the co-ordinated action partners will take to deliver the SEMH elements contained within Young and Yorkshire 2, Hope Control and Choice, local CCG Future in Mind Implementation Plans and the new Strategic Plan for SEND provision. The plan has three priorities:
1. Ensure there is a co-ordinated and coherent system for SEMH across health, education and social care and that services commissioned meet the needs identified locally.
  2. Improve individual and family outcomes for children and young people with SEMH needs.
  3. Improve confidence, skills and knowledge across the children and young people's workforce around SEMH at a universal and targeted level.

- 3.4 The Group has also produced a series of guides that will assist professionals in understanding the services that are available to children and young people presenting with difficulties related to emotional health. The guide sets out the collaborative graduated response to ensure that input is relative to the presenting need as summarised below:
- Prevention Service – Early Intervention offer
  - Healthy Child Team 5-19 Harrogate District Foundation Trust – a service available to all in school, college, specialist provision or home educated
  - Compass Reach aged 9-19 – nurse led service
  - Specialist Child and Adolescent Mental Health Services – specialist intervention
- 3.5 The second aspect of the review will be to understand the impact of each intervention within this graduated response. It is proposed that the three priorities of the cross-service implementation plan (listed in paragraph 3.3) are used as key lines of enquiry when undertaking this exercise.
- 3.6 The impact will be reviewed taking into account performance data, any other intelligence available and engagement with practitioners involved in delivering the interventions wherever feasible.

#### **4 Recommendations**

- 4.1 The Board is asked to note the proposed approach to the review that will be reported back to the Board on the 13 June 2018.